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PATENT

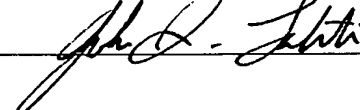
Docket No. 23925-4

CERTIFICATE OF MAILING

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IN THE UNITED STATES PATENT & TRADEMARK OFFICE

Applicant: Paul T. Gardiner et al : Paper No.:

Serial No. To be assigned : Group Art Unit:

Filing Date: January 13, 2000 : Examiner:

For: **Food Supplement for Increasing Lean Mass and Strength**

PRELIMINARY AMENDMENT

BOX Patent Application
Assistant Commissioner for Patents
Washington, DC 20231

Dear Sir:

Prior to calculation of the filing fee and first action by the Examiner, please amend the present application as follows:

In the Specification:

Before line 3, please insert the following:

--RELATED APPLICATION

This application is a continuation in part of prior U.S. Application Serial No. 09/420,439 filed October 18, 1999, *now abandoned.*

In the Claims:

Please amend claims 13, 24 and 57 as follows:

2/11/03
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